

NOTICE TO ALL STUDENTS

Eastern Oklahoma State College is engaged in contingency planning for a possible outbreak of H1N1 flu strain on our campus. The Center for Disease Control (CDC) strongly advises that the best way to prevent the spread of the disease is to isolate those already infected with the virus from those who are not. We have developed a series of procedures to mitigate the spread of this flu on campus. These procedures are consistent with CDC guidelines.

- Students with flu-like illness are asked to self isolate, preferably at home, until at least 24 hours after they are free of fever, or signs of fever, without the use of fever-reducing medicines.
- Faculty will revise their policies on missed classes and examinations and late assignments so that students' academic concerns do not prevent them from staying home when ill or prompt them to return to class to take examinations while still symptomatic and potentially infectious. **Students should attend class when healthy and stay current on assignments so as not to become further behind if they develop H1N1.**
- Faculty will not require a doctor's note for students to validate their illness, as doctors' offices and medical facilities may be extremely busy and may not be able to provide such documentation in a timely way.
- Students who develop flu-like symptoms should notify their instructors via email or voicemail.
- Students should be aware that instructors may try to help their students keep up with their work via WebCT, if appropriate, and should log on to it frequently. Students should also check their Eastern email frequently for updates.
- You may visit <http://www.cdc.gov/h1n1flu/guidance/exclusion.htm> for more information on staying home while sick.