

Requirements for the Associate in Science Degree

Health, Physical Education and Recreation Division of Language, Humanities and Education

Eastern Oklahoma State College

Student Name:	Date:
Academic Advisor:	
Minimum Total Hours	63
Minimum Grade Point Average	2.00

General Education Requirements..... 41		
Orientation.....1	Semester	Course Substitution
OLS 1111 Orientation		
Behavioral and Social Sciences 9	Semester	Course Substitution
POLSC 1113 American Federal Government		
<i>Take One of the following courses:</i>		
HIST 1483 American History to 1877		
HIST 1493 American History since 1877		
<i>Take One of the following courses:</i>		
PSY 1113 Introduction to Psychology		
SOC 1113 Introduction to Sociology		
GEOG 2723 Regional World Geography		
ECON 2113 Introduction to Macroeconomics		
ECON 2123 Introduction to Microeconomics		
Mathematics 3	Semester	Course Substitution
<i>Take One of the following courses:</i>		
MATH 1503 Survey of Mathematics		
MATH 1513 College Algebra		
MATH 2233 Elementary Statistics		
Natural Sciences 7-9	Semester	Course Substitution
<i>Life Science: Take One of the following courses:</i>		
BIOL 1114 General Biology		
BOT 1114 General Botany		
BIOL 2103 Environmental Science I		
BIOL 2104 Environmental Science II		
ZOO 1114 General Zoology		
<i>Physical Science: Take One of the following courses:</i>		
CHEM 1315 General College Chemistry I **Required for Athletic Training**		
PHYSC 1114 Physical Science		

PHYS 1124 Elementary Astronomy		
PHYS 1214 Earth Science		
PHY 1114 General Physics I		
<i>(If taking Athletic Training, must take CHEM 1315)</i>		
Communications12	Semester	Course Substitution
ENGL 1113 Freshman Composition I		
ENGL 1213 Freshman Composition II		
CIS 1113 Computer Applications		
<i>Take One of the following courses:</i>		
SPCH 1113 Fundamentals of Speech		
SPCH 2233 Business and Professional Speaking		
Humanities 6	Semester	Course Substitution
<i>Take One of the following courses:</i>		
HUMAN 1133, HUMAN 1143, HUMAN 1153, HUMAN 1163, HUMAN 2103, HUMAN 2113, HUMAN 2213, HUMAN 2223, HUMAN 2233, HUMAN 2243, HUMAN 2513, HUMAN 2613, HUMAN 2993		
<i>And Take One Additional Course from the following courses or from the list above:</i>		
HIST 2413, HIST 2423, ENGL 2413, ENGL 2433, ENGL 2443, ENGL 2543, ENGL 2653, ENGL 2773, ENGL 2883, RELED 2103, RELED 2203		
General Education Elective1-3	Semester	Course Substitution
<i>**If needed to complete minimum General Education requirements.</i>		
<i>Select from the following courses:</i>		
HIST 1103 History of Oklahoma		
HIST 2723 History of the American Indian		
MCOMM 1113 Introduction to Mass Communications		
HPER 1113 Health Concepts		
HPER 2102 First Aid		
HPER 1613 Care and Prevention of Athletic Injuries		
Other PSY courses (PSY 1113 is pre-requisite)		
Other SOC courses (SOC 1113 is pre-requisite)		
Other MATH courses (MATH 1513 is pre-requisite)		
Any Foreign Language or American Sign Language course		

Program Requirements 22		
Core13	Semester	Course Substitution
HPER 1013 Foundations of Physical Education		
HPER 1113 Health Concepts		
HPER 1613 Care & Prevention of Ath. Injuries		
HPER 2102 First Aid		
HPER 2362 Motor Learning		
Athletic Training Option10	Semester	Course Substitution
BIOL 2114 Human Anatomy		
BIOL 2214 Human Physiology		

HPER 2411 Athletic Training Practicum I		
HPER 2421 Athletic Training Practicum II		
<i>**Chem 1315 is required for Athletic Training**</i>		
Supporting Electives.....10	Semester	Course Substitution
<i>Select from the following courses:</i>		
HPER 1021, HPER 1613, HPER 2121, HPER 2182, HPER 2221, HPER 2201, HPER 2272, HPER 2322, PSY 1113, SOC 1113, SPAN 1113, SPAN 1213		