

EASTERN OKLAHOMA STATE COLLEGE



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Drug and Alcohol Abuse Prevention Program Biennial Review 2019



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INTRODUCTION

The mission of Eastern Oklahoma State College is to provide the educational tools and environment to facilitate student learning through its associate degrees and other academic programs which effectively prepare graduates to enter their chosen vocational field or to continue their educational experience through baccalaureate degree programs. It is also the mission of the College to engage in educational programming and related activities that promote regional economic and community development.

Eastern Oklahoma State College is committed to supporting the health and safety of its students and employees. As part of that commitment, the College has implemented a comprehensive alcohol and drug abuse prevention program. The College monitors the effectiveness of this program and this report is the result of a biennial review, in compliance with Federal Drug Free Schools and Campuses Regulations (34 C.F. R. Part 86).

At a minimum each IHE must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on the school's property or as part of any of the school's activities
- Descriptions of applicable legal sanctions under state, local and federal law
- Description of health risks
- Description of available counseling, treatment, rehabilitation or re-entry programs
- Clear statement that the school will impose sanctions for violation of standards of conduct and a description of sanctions

The law further requires that the College conduct a biennial review of its program with the following objectives:

- Determines the effectiveness of the program and implements needed changes

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- Determines the number of drug and alcohol-related violations and fatalities that occur on the school's campus or as part of the school's activities, and are presorted to campus officials
 - Determines the number and type of sanctions that are imposed
 - Ensures that sanctions are consistently enforced

This information is distributed annually to students and employees via email, EOOSC website and Human Resource information packets for new employees.

The Federal Compliance Officer/VP of Administrative Services, in conjunction with other college departments, conducted the review process to determine if EOOSC is in compliance with the requirements of Part 86. The following campus units provided information for this report:

- Office of Student Affairs
- Office of Human Resources

Materials Reviewed

The following materials and programs were examined for the biennial review:

- EOOSC Drug and Alcohol Abuse Prevention Policy and Procedures documents distributed and made available to all students, faculty and staff
- State of Oklahoma Liquor Laws
- Federal Drug Laws
- EOOSC Student Handbook
- EOOSC Staff Handbook
- EOOSC Website
- Electronic Code of Federal Regulations
- Drug Free Schools and Communities Act Amendments of 1989
- EOOSC Residence Life Handbook
- U.S. Department of Education, Complying with the Drug Free Schools and Campuses Regulations



Compliance with Drug Free Schools and Communities Act

EOSC strives to remain in compliance with the requirements of the Drug Free Schools and Communities Act. The College had adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs by both students and employees both on the premises as well as any part of college activities.

Distribution of Drug and Alcohol Abuse Prevention Program

EOSC will provide annually to all students, Faculty and Staff a notification of a web link containing the annual report/biennial report and instructions on how to receive a printed copy.

The Drug and Alcohol Abuse Prevention Program printed materials is distributed to each student as part of the admission process. Additionally, the Annual Drug and Alcohol Abuse Prevention Program materials will be located on the EOSC website, in which current students will receive a notice sent to their school email address with the exact electronic address and link to access this information.

Programs

EOSC wants to ensure that all of our students, faculty and staff have a rewarding and education experience in a civil environment. In order to maintain such an environment, the institution's goal is to set clear policies that endorse an alcohol and drug abuse free atmosphere on our campus community. EOSC will provide ongoing education support and resources on alcohol and drug abuse.

EOSC student life provides numerous alcohol-free activities through the academic year that involve student clubs and organizations, social programs and others. Some of these activities target evening hours and weekend audiences so as to divert high-risk weekend drinking into pro-social activities such as the following:

- Flag Football
- Karaoke Night

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- Community Trunk or Treat
 - Kickball
 - Bingo Night
 - Nerf Fights
 - Board Game Night
 - Book Club Meetings
 - Christmas Candle lighting
 - Charades and Pictionary
 - Luau Pool Party
 - Sweetheart Dance
 - Library Movie Night
 - T-Shirt Design Contest
 - Zumba
 - Glow Volleyball
 - International Food Festival

EOSC offers an online educational course on alcohol abuse and prevention called Alcohol Response-Ability Course through The Bacchus Network.

Information for drug and alcohol abuse counseling is available through the Student Affairs office as well as the Human Resources office. EOSC students and employees may receive drug and alcohol counseling, treatment, rehabilitation, or reentry programs through community resources.

Wilburton Health and Wellness Center: via EOSC Student Services 918-465-1818
The Health and Wellness Center provides mental health services. EOSC students who are experiencing challenges in their lives have access to short-term counseling by a licensed mental health provider. The brief therapeutic model is directed at helping students succeed in the college environment. All appointments are to be scheduled in advance by contacting the Student Services Office at 918-465-1818 or Student Center 208.

Arrests - On campus

Enter the number of Arrests for each of the following crimes that occurred On Campus.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of Arrests		
	2015	2016	2017
a. <u>Weapons: carrying, possessing, etc.</u>	0	<input type="text" value="1"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	2	<input type="text" value="0"/>	<input type="text" value="5"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>

Arrests - On-campus Student Housing Facilities

Of those Arrests for crimes that occurred On Campus, enter the number of crimes that occurred in On-campus Student Housing Facilities for each of the following categories.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of Arrests		
	2015	2016	2017
a. <u>Weapons: carrying, possessing, etc.</u>	0	<input type="text" value="1"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	2	<input type="text" value="0"/>	<input type="text" value="5"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>

Arrests - Noncampus

Enter the number of Arrests for each of the following crimes that occurred in or on Noncampus buildings or property.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of Arrests		
	2015	2016	2017
a. <u>Weapons: carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>

Arrests - Public Property

Enter the number of Arrests for each of the following crimes that occurred on Public Property.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of Arrests		
	2015	2016	2017
a. <u>Weapons: carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>

Disciplinary Actions - On Campus

Enter the number of persons referred for disciplinary action for crimes that occurred On Campus for each of the following categories.

Do not include disciplinary actions that were strictly for school policy violations.

If the disciplinary action is the result of an arrest, please do not count it here; count the violation as 1 arrest.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of persons referred for Disciplinary Action		
	2015	2016	2017
a. <u>Weapons; carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	2	<input type="text" value="3"/>	<input type="text" value="6"/>
c. <u>Liquor law violations</u>	28	<input type="text" value="14"/>	<input type="text" value="12"/>

Disciplinary Actions - On-campus Student Housing Facilities

Enter the number of persons referred for disciplinary action for crimes that occurred in On-campus Student Housing Facilities for each of the following categories.

Do not include disciplinary actions that were strictly for school policy violations.

If the disciplinary action is the result of an arrest, please do not count it here; count the violation as 1 arrest.

Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of persons referred for Disciplinary Action		
	2015	2016	2017
a. <u>Weapons; carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	2	<input type="text" value="3"/>	<input type="text" value="6"/>
c. <u>Liquor law violations</u>	28	<input type="text" value="14"/>	<input type="text" value="12"/>

Disciplinary Actions - Noncampus

Enter the number of persons referred for disciplinary action for crimes that occurred in or on Noncampus buildings or property for each of the following categories.
 Do not include disciplinary actions that were strictly for school policy violations.
 If the disciplinary action is the result of an arrest, please do not count it here; count the violation as 1 arrest.
 Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of persons referred for Disciplinary Action		
	2015	2016	2017
a. <u>Weapons; carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	0	<input type="text" value="1"/>	<input type="text" value="0"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>

Disciplinary Actions - Public Property

Enter the number of persons referred for disciplinary action for crimes that occurred on Public Property for each of the following categories.
 Do not include disciplinary actions that were strictly for school policy violations.
 If the disciplinary action is the result of an arrest, please do not count it here; count the violation as 1 arrest.
 Do NOT include drunkenness or driving under the influence in Liquor law violations.

Crime	Number of persons referred for Disciplinary Action		
	2015	2016	2017
a. <u>Weapons; carrying, possessing, etc.</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
b. <u>Drug abuse violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>
c. <u>Liquor law violations</u>	0	<input type="text" value="0"/>	<input type="text" value="0"/>



ALCOHOL AND DRUG ABUSE PREVENTION

EOSC recognizes its responsibility as an educational and public service institution to promote a productive and healthy environment. This responsibility demands implementation of programs and services to facilitate that effort. The college is committed to a program to prevent the abuse of alcohol and the illegal use of drugs and alcohol by its students and employees. The college prohibits illegal use of drugs and alcohol in the workplace, on college property, in college housing, or as part of any college-sponsored activities. In order to meet these responsibilities, EOSC:

- Requires all students and employees to abide by the terms of this policy as a condition of an initial and continued enrollment or employment. The Campus Chief of Police, Director of Student Life, and Director of Human Resources, in cooperation with members of the President's Leadership Council, will conduct a biannual review of current Alcohol and Drug Abuse Policies conducted in even numbered years.
- Provides resident students with information about college drug and alcohol policies as part of their orientation. Students who violate the alcohol policy are required to complete an online alcohol awareness program. Information about drug and alcohol issues are also shared with students via brochures, flyers, and campus safety e-mails distributed by Campus Police and the Office of Student Services.
- Provides student-athletes with specific information about the drug and alcohol policy in the Student Athlete Handbook. The college also conducts periodic, random drug tests of student athletes.
- Works with the Latimer County Sheriff's Office to arrange for periodic patrols of a drug dog in the residence halls.
- Has an arrangement with the Wilburton Health & Wellness Center for students to receive free on-campus counseling two days per week.
- Recognizes that the illegal use of drugs and alcohol is in direct violation of local, state and federal laws as well as college policies set forth within this policy, the staff and faculty handbooks, and the Student Code of Conduct. EOSC policy strictly prohibits the illegal use, possession, manufacture, dispensing, or distribution of alcohol, drugs or controlled substances in the workplace, on its premises, or as a part of any college-sponsored activities.
- Considers a violation of this policy to be a major offense, which can result in requirement for satisfactory participation in a drug or alcohol rehabilitation program, referral for criminal prosecution, and/or immediate disciplinary



action up to and including termination from employment and suspension or expulsion from the college. A criminal conviction is not required for sanctions to be imposed upon an employee or student for violations of this policy.

- Recognizes that violations of applicable local, state and federal laws may subject a student or employee to a variety of legal sanctions including but not limited to fines, incarceration, imprisonment and/or community service requirements. Convictions become a part of an individual's criminal record and may prohibit certain career and professional opportunities.
- Recommends an employee to notify his or her supervisor of a criminal conviction for drug or alcohol-related offenses occurring in the workplace no later than five calendar days following the conviction or to allow the EOSC Chief of Campus Police to make such a notification.
- Forbids an employee from performing sensitive safety functions while a prohibited drug(s) is in his or her system.

SANCTIONS

College Sanctions for Students: The following sanctions may be imposed by any person or board authorized to assign disciplinary sanctions. The severity of the imposed sanctions will be appropriate to the violation; possible sanctions include fines, probation, suspension, expulsion, loss of institutional aid, restriction of student's activities or privileges. Students will be charged for all damages or misappropriation of property, which occurs in the violation of a rule or regulation. Restitution may be monetary compensation, replacement or repair. Community service hours will be performed in an area of the College or a community agency for a specified number of hours. Professional counseling, referral to a rehabilitation program, and/or specific restrictions may be used in conjunction with various sanctions.

College Sanctions for Employees: Eastern Oklahoma State College, as a drug-free workplace, is to be free from illegal manufacture, distribution, dispensation, possession or use of any controlled substance. Such actions are grounds for disciplinary action up to and including termination of employment. A workplace is defined as any place an employee functions within the scope of his/her job responsibilities. Employees convicted of any workplace related drug offense, which does not result in discharge, or forfeiture of position may be required to successfully complete a recognized drug treatment or rehabilitation program. All employees must notify the employer of any criminal drug statute conviction for a violation occurring while performing within the role and scope of their respective



responsibilities. Any employee or student found to be in violation of the federal and/or state laws pertaining to the use or abuse of alcohol and/or illicit drugs may be referred to the legal system for prosecution.

LEGAL SANCTIONS - DRUGS

Federal and state laws impose grave penalties on those who illegally possess, use, or distribute drugs or alcohol. According to the Criminal Laws in the State of Oklahoma, a person found in possession of a controlled, dangerous substance, within this State, such as marijuana, cannabis, or methamphetamine, and/or drug paraphernalia (pipes, roach clips, cocaine spoons, etc.) shall be placed under arrest. All vehicles, or any other means of transportation used to transport a controlled, dangerous substance and money, weapons, or devices therein, are subject to forfeiture. Upon conviction, penalties range from fines, to a year in the County Jail, to life in the State Penitentiary, and/or both.

The Uniform Controlled Substance Act sets up five schedules of controlled substances based on dangerousness and medical uses. It prohibits the manufacture, distribution, sale or acquisition by misrepresentation or forgery of controlled substances except in accordance with the Act as well as the knowing possession of controlled substances unlawfully acquired. Penalties for first-time violators of the Act range from not less than five years imprisonment and fines of not more than \$250,000 or both for possession or distribution of a small amount of marijuana or hashish, not for sale, to forty years or \$10 million or both for the manufacture or delivery of a Schedule I or II narcotic. (Marijuana is a Schedule I Controlled Substance.) Second offense penalties range from not more than 10 years imprisonment and fines of \$500,000, to not less than ten years imprisonment and fines of not more than \$10 million or both, to not less than twenty years imprisonment and fines of not more than \$20 million or both.

This is only a summary of legal sanctions. Additional federal and state penalties may apply.

OTHER FEDERAL SANCTIONS

In addition to fines and prison terms, federal sanctions for the possession or distribution of illicit drugs may include the forfeiture of federal Financial Aid eligibility for a period of one or more years. If the conviction occurs while the student is enrolled and receiving aid, the student may be required to repay all federal aid received. Eligibility may be regained by completing an acceptable drug rehabilitation program.



LEGAL CLASSIFICATIONS

Misdemeanors (M): Punishable by imprisonment in county jail for not more than one year and/or a fine not exceeding \$500 unless a different amount is specified for the Offense. Felonies (F) are punishable by imprisonment in the state corrections system for up to two years and/or a fine not exceeding \$1,000 unless a different amount is specified for the offense.

Unlawfully selling/delivering alcoholic beverages (M): Knowingly sell, deliver or furnish alcoholic beverages to any person under age 21.

Unlawful possession of (drug) paraphernalia (M/F):

Deliver/use/possession/manufacture of drug paraphernalia to plant, propagate, cultivate, grow, harvest, manufacture, compound, convert, produce, process, prepare, test, analyze, pack, repack, store, contain, conceal, inject, ingest, inhale or otherwise introduce into the human body a dangerous substance. Delivery by a person age 18 or over to a person under 18 at least three years his junior is a felony. Otherwise, violation is a misdemeanor.

Driving while impaired/intoxicated (M/F): Any person operating a motor vehicle shall be deemed to have given consent to a test for alcohol concentration and/or presence and concentration of any other intoxicating substance. Any person may refuse a test, but refusal shall result in revocation of driving privileges for 180 days. Test results showing an alcohol concentration of .08 or greater shall result in revocation of driving privileges for 90 days. An alcohol concentration of more than .05 but less than .08 is relevant evidence that driving ability is impaired. An alcohol concentration of .08 or more is prima facie evidence that the person was under the influence of alcohol. First offense is a misdemeanor. Second and subsequent offenses may be felonies and may result in suspension of driving privileges for six months.

Conviction of a felony can render person ineligible for licensure/certification/employment in their career profession; examples are law, medicine, engineering, architecture, accounting, teaching, law enforcement/public safety and military. It can also prevent acquisition of a security clearance necessary to many other jobs.



HEALTH RISKS

Health risks generally associated with alcohol and drug abuse can result in but are not limited to a lowered immune system, damage to critical nerve cells, physical dependency, lung damage, heart problems, liver disease, physical and mental depression, increased infection, irreversible memory loss, personality changes and thought disorders.

The use of alcohol and other drugs represents a serious threat to health and the quality of life. More than 25,000 people die each year from drug-related accidents or health problems. With most drugs, it is possible that users will develop psychological and physical dependence. The general categories of drugs and their effects are as follows:

- **Alcohol** produces short-term effects that include behavioral changes, impairment of judgment and coordination, greater likelihood of aggressive acts, respiratory depression, irreversible physical and mental abnormalities in newborns (fetal alcohol syndrome) and death. Long-term effects of alcohol abuse include damage to the liver, heart and brain; ulcers; gastritis; malnutrition; delirium tremens; and cancer. Alcohol combined with barbiturates and other depressants can prove to be a deadly mixture.
- **Amphetamines/stimulants** (speed, uppers, crank, caffeine, etc.) speed up the nervous system and can cause increased heart and breathing rates, higher blood pressure, decreased appetite, headaches, blurred vision, dizziness, sleeplessness, anxiety, hallucinations, paranoia, depression, convulsions and death due to a stroke or heart failure.
- **Anabolic steroids** seriously affect the liver, cardiovascular and reproductive systems. Can cause sterility in males and females as well as impotency in males.
- **Barbiturates/depressants** (downers, quaaludes, valium, etc.) slow down the central nervous system and can cause decreased heart and breathing rates, lowered blood pressure, slowed reactions, confusion, distortion of reality, convulsions, respiratory depression, coma and death. Depressants combined with alcohol can be lethal.
- **Cocaine/crack** stimulates the central nervous system and is extremely addictive, both psychologically and physically. Effects include dilated pupils, increased heart rate, elevated blood pressure, insomnia, loss of appetite, hallucinations, paranoia, seizures and death due to cardiac arrest or respiratory failure.

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- **Hallucinogens** (PCP, angel dust, LSD, etc.) interrupt the functions of the part of the brain that controls the intellect and instincts. May result in self-inflicted injuries, impaired coordination, dulled senses, incoherent speech, depression, anxiety, violent behavior, paranoia, hallucinations, increased heart rate and blood pressure, convulsions, coma, and heart and lung failure.
 - **Cannabis** (marijuana, hashish, hash, etc.) impairs short-term memory comprehension, concentration, coordination and motivation. May also cause paranoia and psychosis. Marijuana smoke contains more cancer-causing agents than tobacco smoke. The way in which marijuana is smoked - deeply inhaled and held in the lungs for a long period - enhances the risk of getting cancer. Combined with alcohol, marijuana can produce a dangerous multiplied effect.
 - **Narcotics** (heroin, morphine, demerol, percodan, etc.) initially produce feelings of euphoria often followed by drowsiness, nausea and vomiting. An overdose may result in convulsions, coma and death. Tolerance develops rapidly and dependence is likely. Using contaminated syringes to inject such drugs may result in AIDS.
 - **Tobacco/nicotine** causes death among some 170,000 people in the United States each year due to smoking-related coronary heart disease. Some 30 percent of the 130,000 cancer deaths each year are linked to smoking. Lung, larynx, esophagus, bladder, pancreas and kidney cancers strike smokers at increased rates. Emphysema and chronic bronchitis are 10 times more likely among smokers. Tobacco use is prohibited on all college property.

REFERRAL AND HOTLINE INFORMATION

Reach Out Hotline (Mental Health and Substance Abuse): 800-522-9054

Narcotics Anonymous: 918-747-0017

Latimer County Health Department: 918- 465-5673

Eastern Sky, PC (Personal Counseling): 918- 465-0300

National Institution on Drug Abuse: 1 -800-662-HELP

National Alcohol & Drug Abuse Hotline 1-800-234-0420

National Drug Hotline 1-800-662-HELP



Cocaine Helpline 1-800-COCAINE

Chi Hullo Li Residential Center: 918-567-2905

Choctaw Nation Recovery Center: 918-567-2389

Wilburton Health and Wellness Center: via EOSC Student Services 918-465-1818
The Health and Wellness Center provides mental health services. EOSC students who are experiencing challenges in their lives have access to short-term counseling by a licensed mental health provider. The brief therapeutic model is directed at helping students succeed in the college environment. All appointments are to be scheduled in advance by contacting the Student Services Office at 918-465-1818 or Student Center 208.

Findings

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees
- A description of the legal sanctions under campus, local, state or federal law for the unlawful possession or distribution of illicit drugs and alcohol
- Effective DAAPP policy is in place
- Consistently enforces the sanctions that have been developed to address any violate of policy and/or standards of acceptable behavior related to alcohol or drug abuse
- Collaborates with Wilburton Health and Wellness to strengthen services for staff and students;
- Compliant with federal law of disclosure and information made available to staff and students in various forms
- Procedure developed to ensure a biennial review occurs every other year

Recommendations

- Provide formal training/programming/material to employees
- Continue to enhance and improve the current program with new and inventive ideas
- Development of a social media-driven drug and alcohol abuse prevention campaign

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- Continue to develop partnerships with community groups and agencies in order to provide drug and alcohol abuse prevention programs
 - Prior to the next biennial review, distribution of a survey to campus community members (a portion) to gauge attitudes and awareness related to drugs and alcohol and the college's prevention efforts.