



# Singing Camp



# EASTERN OKLAHOMA STATE COLLEGE



Great Food, Great Service,  
Great Western!

## Monday

### Breakfast

Scrambled Eggs  
Regular or Cheesy  
Biscuits & Gravy  
Crispy Bacon  
Hashbrown Patty  
Iced Donuts  
Berries/Yogurt/Granola  
Toast/Bagels/Oatmeal

### Lunch

Beef Tips/Noodles  
Garlic Roasted Pork loin  
Fried Potatoes  
Broccoli  
Stmd Vege Blend  
Black eyed Peas  
Assorted Cookies  
Rolls

### Dinner

Grilled Chicken  
Beefy Cheesy Mac  
Steak Fries  
Ranch Beans  
Vegetable Blend  
Fried Squash  
Sandwich Bar  
Assorted Cookies  
Brownies  
Rolls

## Tuesday

### Breakfast

Eggs to Order  
Biscuits & Gravy  
French Toast Sticks  
Sausage Patties  
Hashbrown Casserole  
Fresh Baked Muffins  
Berries/Yogurt/Granola  
Toast/Bagels/Oatmeal

### Lunch

Pulled Pork/Smoked Saus  
Chicken Fried Chicken  
Mashed Potatoes  
Steamed Vegetable blend  
Green Beans  
Pizza/ Full Salad Bar  
Assorted Cookies  
Rolls

### Dinner

Tacos  
Loaded Tamales  
White Chicken Chili  
Pinto Beans  
Spanish Rice  
Green Chili Corn  
Pizza/ Full Salad Bar  
Assorted Cookies

## Wednesday

### Breakfast

Scrambled Eggs  
Regular or Cheesy  
Biscuits & Gravy  
French Toast Sticks  
Crispy Bacon  
Tater Tots  
Croissants  
Berries/Yogurt/Granola  
Toast/Bagels/Oatmeal

### Lunch

Meatloaf  
Chicken Strips  
Potato /Vege Blend  
Spinach  
Vegetable Blend  
Pizza/ Full Salad Bar  
Assorted Cookies  
Rolls

### Dinner

Lasagna  
Chkn, Bcn, Ranch Pasta  
Potato Wedges  
Fried Okra  
Green Beans  
Vegetable Blend  
Assorted Cookies  
Rolls

## Thursday

### Breakfast

Eggs to Order  
Biscuits & Gravy  
French Toast  
Sausage Links  
Potato Wedges  
French Toast Casserole  
Berries/Yogurt/Granola  
Toast/Bagels/Oatmeal

### Lunch

Hamburger Steaks  
Chkn Fried Ckn Sand  
Mashed Potato /Gravy  
Mixed Vegetables  
Corn  
Baked Beans  
Pizza/ Full Salad Bar  
Assorted Cookies  
Rolls

### Dinner

Baked Chicken  
Ranch Pork Chops  
Roasted Red Potatoes  
Wild Rice  
Vegetable Blend  
Pizza/ Full Salad Bar  
Burgers  
Assorted Cookies  
Rolls

## Friday

### Breakfast

Scrambled Eggs  
Regular or Cheesy  
Biscuits & Gravy  
French Toast Sticks  
Crispy Bacon  
Tater Tots  
Croissants  
Berries/Yogurt/Granola  
Toast/Bagels/Oatmeal

### Lunch

Cooks Choice  
Pizza/ Full Salad Bar  
Assorted Cookies  
Rolls

### Dinner

Cooks Choice  
Assorted Cookies  
Rolls

## Saturday

## Sunday